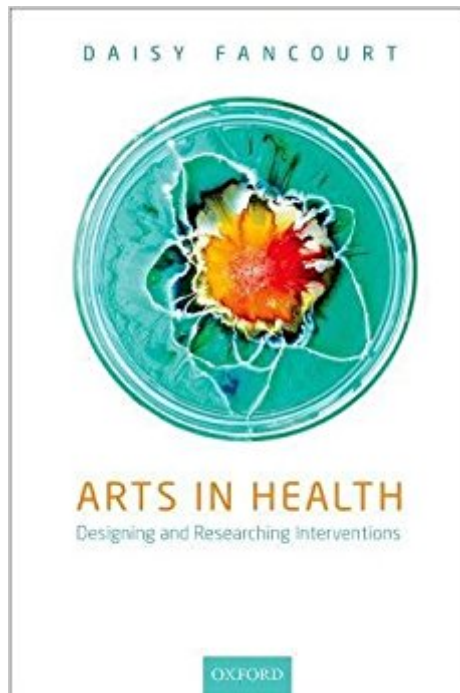




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# Arts In Health: Designing And Researching Interventions



## Synopsis

Over the past few decades, the use of the arts in health has burgeoned. What, for many centuries, was seen as a fringe activity is now being recognised as a field that has enormous potential for impacting positively on both individuals and societies. However, despite this surge in interest and activity, there is still limited support available for people working in the field. Although the number of practical training courses for artists is growing and more universities are establishing research groups, most training activity occurs in either practice or research; there are relatively few opportunities to gain parallel experience in both. *Arts in Health: Designing and Researching Interventions* provides a complete overview of how to go about undertaking research and practice in the field of arts in health. It starts by exploring the context for arts in health interventions, including the history of the use of arts in health and the theoretical and political developments that have laid the foundations for its flourishing. It also considers what 'arts in health' encompasses and the range of disciplines involved. Part II examines how to design an arts in health intervention, develop partnerships and find funding and considers the sensitivities around working in healthcare. Part III considers the value of research for the field of arts in health and how to design and undertake a research project. Finally, part IV provides a fact file of arts in health research and practice, showing how the arts can be applied and the benefits they can bring across a range of medical disciplines. The book will be valuable for researchers, practitioners, healthcare professionals and those interested in learning more about the field.

## Book Information

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"During an Inquiry into the benefits of the arts to health and wellbeing conducted by the All-Party Parliamentary Group on Arts, Health and Wellbeing, a need for higher quality evaluation was identified. This useful guide will aid researchers working in the field of arts and health to design their studies and for the results of these studies to influence future practice." --Rt Hon Lord Howarth of Newport Co-Chair, All Party Parliamentary Group on Arts, Health and Wellbeing

"An extraordinary book, characterized by meticulous scholarship, broad historical and theoretical scope, practical advice, logical organization, eloquent style, and fresh originality. Arts in Health will serve as an inspirational foundation for future research." --Annabel J. Cohen Professor of Psychology, University of Prince Edward Island, Canada Adjunct Professor, Faculty of Graduate Studies, Dalhousie University

"Dr Daisy Fancourt has written a tour de force, which is easily accessible for the novice evaluator as well as an essential resource for students and more experienced researchers. It is a book healthcare planners, commissioners, practitioners and researchers will find enormously valuable." --Textbook of Creative Arts, Health and Wellbeing

"An impressive work of scholarship charting the development of the field of arts and health internationally, and offering a comprehensive guide to planning and conducting robust research. This text undoubtedly demonstrates the value of the creative arts in health care and health promotion and is essential reading for health professionals, clinical commissioners and service managers. It is sure to become a key point of reference for experienced researchers and graduate students interested in arts and health the world over." --Stephen Clift Professor of Health Education, Sidney De Haan Research Centre for Arts and Health, Canterbury Christ Church University Chair, Royal Society for Public Health Special Interest Group in Arts and Health

"Daisy Fancourt provides a historically and scientifically grounded, long-awaited-for, thoroughly-rational approach to Arts and Health. She has masterminded a much needed framework." --Gunter Kreutz Professor of Systematic Musicology, Carl von Ossietzky University, Oldenburg

"Daisy Fancourt is to be congratulated for presenting this timely overview of history, theory and policy relevant to the growing field of arts and health. This will no doubt become an invaluable source for all those involving themselves in this burgeoning area of activity." --Dr. Rebecca Gordon-Nesbitt Researcher to the All Party Parliamentary Group on Arts, Health and Wellbeing, King's College London

Dr Daisy Fancourt is a Research Fellow in the Centre for Performance Science, a partnership of Imperial College London and the Royal College of Music. Her research focuses on the effects of arts participation on neuroendocrine and immune response, the use of the arts within clinical

settings and the psychosocial impact of cultural engagement at an individual and public health level.

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